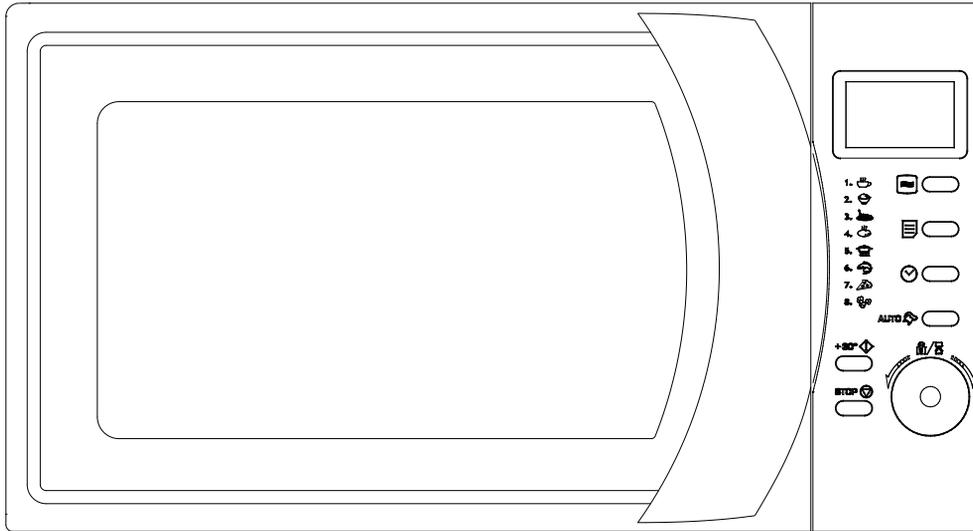

Owner's Manual



MODEL: SBH207Q9H-PA0C0E

Please read these instructions carefully before installing and operating the oven.

Record in the space below the SERIAL NO. found on the nameplate on your oven and retain this information for future reference.

SERIAL NO.

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PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

1. Do not attempt to operate this oven with the door open since open door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
2. Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
3. Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the
 - a. Door (bent),
 - b. Hinges and latches (broken or loosened),
 - c. Door seals and sealing surfaces.
4. The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

SPECIFICATIONS

| | |
|-------------------------------|--------------------------------|
| Power Supply | 230V/50Hz |
| Power Consumption (Microwave) | 1200W |
| Rated Microwave Power Output | 700W |
| Operation Frequency | 2450MHz |
| Outside Dimensions | 262mm(H) × 452mm(W) × 335mm(D) |
| Oven Cavity Dimensions | 198mm(H) × 315mm(W) × 297mm(D) |
| Oven Capacity | 20Liters |
| Cooking Uniformity | Turntable System |
| Net Weight | Approx. 10.5kg |

IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliance basic safety precautions should be followed, including the following:

WARNING: To reduce the risk of burns, electric shock, fire, injury to persons or exposure to excessive microwave energy:

1. Read all instructions before using the appliance.
2. Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook or dry food. It is not designed for industrial or laboratory use.
3. Do not operate the oven when empty.
4. Do not operate this appliance if it has a damaged cord or plug, if it is not working properly or if it has been damaged or dropped. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard
5. **WARNING:** Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
6. To reduce the risk of fire in the oven cavity:
 - a. When heating food in plastic or paper container, keep an eye on the oven due to the possibility of ignition;
 - b. Remove wire twist-ties from paper or plastic bags before placing bag in oven.
 - c. If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
 - d. Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
7. **WARNING:** Liquid or other food must not be heated in sealed containers since they are liable to explode.
8. Microwave heating of beverage can result in delayed eruptive boiling, therefore care has to be taken when handling the container.
9. Do not fry food in the oven. Hot oil can damage oven parts and utensils and even result in skin burns.
10. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has ended.
11. Pierce foods with heavy skins such as potatoes, whole squashes, apples and chestnuts before cooking.
12. The contents of feeding bottles and baby jars should be stirred or shaken and the temperature should be checked before serving in order to avoid burns.
13. Cooking utensils may become hot because of heat transferred from the heated food. Potholders may be needed to handle the utensil.
14. Utensils should be checked to ensure that they are suitable for use in microwave oven.
15. **WARNING:** It is hazardous for anyone other than a trained person to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy.
16. This product is a Group 2 Class B ISM equipment. The definition of Group 2 which contains all ISM (Industrial, Scientific and Medical) equipment in which radio-frequency energy is intentionally generated and/or used in the form of electromagnetic radiation for the treatment of material, and

spark erosion equipment. For Class B equipment is equipment suitable for use in domestic establishments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purpose.

17. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
18. Children should be supervised to ensure that they do not play with the appliance.

INSTALLATION

1. Make sure that all the packing materials are removed from the inside of the door.
2. **WARNING:** Check the oven for any damage, such as misaligned or bent door, damaged door seals and sealing surface, broken or loose door hinges and latches and dents inside the cavity or on the door. If there is any damage, do not operate the oven and contact qualified service personnel.
3. This microwave oven must be placed on a flat, stable surface to hold its weight and the heaviest food likely to be cooked in the oven.
4. Do not place the oven where heat, moisture, or high humidity are generated, or near combustible materials.
5. For correct operation, the oven must have sufficient airflow. Allow 20cm of space above the oven, 10cm at back and 5cm at both sides. Do not cover or block any openings on the appliance. Do not remove feet.
6. Do not operate the oven without glass tray, roller support, and shaft in their proper positions.
7. Make sure that the power supply cord is undamaged and does not run under the oven or over any hot or sharp surface.
8. The socket must be readily accessible so that it can be easily unplugged in an emergency.
9. Do not use the oven outdoors.

RADIO INTERFERENCE

Operation of the microwave oven can cause interference to your radio, TV, or similar equipment. When there is interference, it may be reduced or eliminated by taking the following measures:

1. Clean door and sealing surface of the oven.
2. Reorient the receiving antenna of radio or television.
3. Relocate the microwave oven with respect to the receiver.
4. Move the microwave oven away from the receiver.
5. Plug the microwave oven into a different outlet so that microwave oven and receiver are on different branch circuits.

GROUNDING INSTRUCTIONS

This appliance must be grounded. This oven is equipped with a cord having a grounding wire with a grounding plug. It must be plugged into a wall receptacle that is properly installed and grounded. In the event of an electrical short circuit, grounding reduces risk of electric shock by providing an escape wire for the electric current. It is recommended that a separate circuit serving only the oven be provided. Using a high voltage is dangerous and may result in a fire or other accident causing oven damage.

WARNING Improper use of the grounding plug can result in a risk of electric shock.

Note:

1. If you have any questions about the grounding or electrical instructions, consult a qualified electrician or service person.
2. Neither the manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the electrical connection procedures.

The wires in this cable main are colored in accordance with the following code:

Green and Yellow = EARTH

Blue = NEUTRAL

Brown = LIVE

MICROWAVE COOKING PRINCIPLES

1. Arrange food carefully. Place thickest areas towards outside of dish.
2. Watch cooking time. Cook for the shortest amount of time indicated and add more as needed. Food severely overcooked can smoke or ignite.
3. Cover foods while cooking. Covers prevent spattering and help foods to cook evenly.
4. Turn foods over once during microwaving to speed cooking of such foods as chicken and hamburgers. Large items like roasts must be turned over at least once.
5. Rearrange foods such as meatballs halfway through cooking both from top to bottom and from the center of the dish to the outside.

BEFORE YOU CALL FOR SERVICE

If the oven fails to operate:

1. Check to ensure that the oven is plugged in securely. If it is not, remove the plug from the outlet, wait 10 seconds, and plug it in again securely.
2. Check for a blown circuit fuse or a tripped main circuit breaker. If these seem to be operating properly, test the outlet with another appliance.
3. Check to ensure that the control panel is programmed correctly and the timer is set.
4. Check to ensure that the door is securely closed engaging the door safety lock system. Otherwise, the microwave energy will not flow into the oven

IF NONE OF THE ABOVE RECTIFIES THE SITUATION, THEN CONTACT A QUALIFIED TECHNICIAN. DO NOT TRY TO ADJUST OR REPAIR THE OVEN YOURSELF.

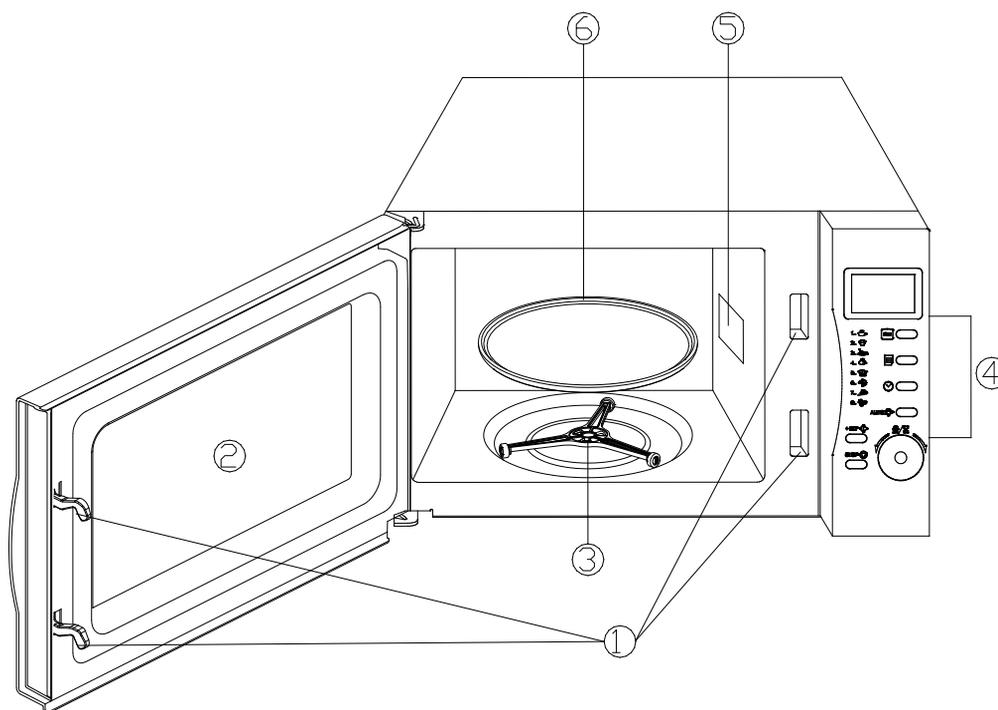
UTENSILS GUIDE

1. The ideal material for a microwave utensil is transparent to microwave, it allows energy to pass through the container and heat the food.
2. Microwave cannot penetrate metal, so metal utensils or dishes with metallic trim should not be used.
3. Do not use recycled paper products when microwave cooking, as they may contain small metal fragments which may cause sparks and/or fires.
4. Round /oval dishes rather than square/oblong ones are recommend, as food in corners tends to overcook.
5. Narrow strips of aluminum foil may be used to prevent overcooking of exposed areas. But be careful don't use too much and keep a distance of 1 inch (2.54cm) between foil and cavity

The list below is a general guide to help you select the correct utensils.

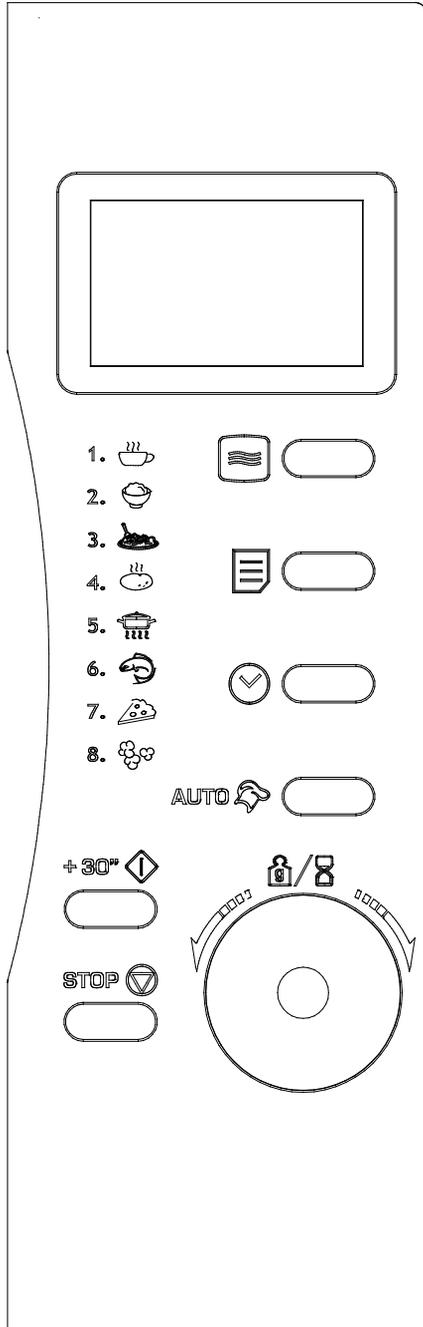
| Cookware | Microwave |
|--------------------------------|-----------|
| Heat-Resistant Glass | Yes |
| Non Heat-Resistant Glass | No |
| Heat-Resistant Ceramics | Yes |
| Microwave-Safe Plastic Dish | Yes |
| Kitchen Paper | Yes |
| Metal Tray | No |
| Metal Rack | No |
| Aluminum Foil & Foil Container | No |

PART NAMES



1. Door Safety Lock System
2. Oven Window
3. Roller Ring
4. Control Panel
5. Wave Guide
(Please do not remove the mica plate covering the wave guide.)
6. Glass Tray

CONTROL PANEL



Display Screen

- Cooking time, power, weight or serving ,indicators and present time are displayed here.

Power



- Touch this button a number of times to set microwave cooking power level.

Multi Stage Cooking



- used to set several programs. The respective lights will light up to indicate which stage the oven is operating in.

Clock



- Touch this button to start setting the oven clock.

Auto Cook



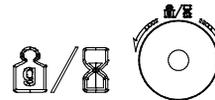
- Press for instant settings to cook popular food,

Start/Quick Start



- Touch to start a cooking program.
- simply touch it a number of times to begin express cooking without previously setting power level and cooking time.

Time/Weight



- Turn the dial to enter the oven clock time, cooking time and weight or serving of food.

Stop/Cancel



- Press to cancel setting or reset the oven before setting a cooking program.
- Press once to temporarily stop cooking, or twice to cancel cooking altogether.
- It is also used for setting child lock.

HOW TO SET THE OVEN CONTROLS

RELATED STATEMENT:

- Each time a button is touched, a beep will sound to acknowledge the touch.
- When program end, buzzer will sound with “End” displaying, this phenomena will continue every 2 minutes until you press STOP/CANCEL button or open the oven door.

SETTING DIGITAL CLOCK

With the oven ready for input, touch the CLOCK button once or twice to set the digital clock in 12 or 24 hours cycle.

FOR EXAMPLE: Suppose you want to set the oven clock time to 8:30.

1. Press CLOCK button once or twice
2. Turn TIME/WEIGHT to indicate the hour digit 8.
3. Press CLOCK button.
4. Turn TIME/WEIGHT dial to indicate the minute digits until the screen shows 8: 30.
5. Press CLOCK to confirm the setting.

NOTE :You can press the CLOCK button once to check clock time in cooking process.

MICROWAVE COOKING

To cook with microwave power alone, press the POWER button a number of times to select a cooking power level, and then use the TIME/WEIGHT dial to set a desired cooking time. What’s more, the order of the POWER setting and TIME setting can be exchanged.

For example, suppose you want to cook for 1 minute at 60% of microwave power.

1. Open the door and place the food into the oven, close it.
2. Press POWER button several times to set required power level.

| PRESS POWER BUTTON | COOKING POWER |
|--------------------|---------------|
| Once | 100% |
| Twice | 80% |
| 3 times | 60% |
| 4 times | 40% |
| 5 times | 20% |
| 6 times | 0% |

3. Turn TIME/WEIGHT to 1:00.
4. Press START/QUICK START button.

Note :

The longest cooking time you can set here is 95 minutes.

Power level can be checked during cooking process by pressing POWER button.

EXPRESS

With express cooking, you can touch the START/QUICK START button several times to set cooking time, and then the oven will work at full power level.

The longest time you can set here is 10 minutes ,30 seconds will be added per time you press START/QUICK START button,even during the cooking process.

MULTI STAGE COOKING

The oven can be programmed to at most 2 stage microwave cooking progrms in a time.

For example, suppose you want to set fullow programs :

Microwave Cooking



Microwave Cooking

1. Open the door and place the food into the oven, close it.
2. Press POWER button several times to set required power level.
3. Turn TIME/WEIGHT to set required cooking time.
4. Touch MULTI STAGE COOKING button once.
5. Press POWER button several times to set required power level again.
6. Turn TIME/WEIGHT to set required cooking time.
7. Touch START/QUICK START button.

Note: When setting the second stage, cooking time only can be input after pressing POWER button once.

WEIGHT DEFROST

Turn TIME/WEIGHT in anti-clock direction to enter defrosting setting,and then turn TIME/WEIGHT in wise-clock direction to input weight (100g~1800g).

1. Open the door and place the food into the oven, close it.
2. Turn TIME/WEIGHT in anti-clock direction to select defrost function.
3. Turn TIME/WEIGHT in wise-clock direction to input weight of food to be defrosted.
4. Touch START/QUICK START button.

Note: During defrosting program, the system will sound beeps to remind user to turn food over, after that press START/QUICK START to resume the defrosting.

CHILD PROOF LOCK

Use to prevent unsupervised operation of the oven by little children. The CHILD LOCK indicator will show up on display screen, and the oven can not be operated while the CHILD LOCK is set.

To set the CHILD LOCK: Press and hold the STOP/CANCEL button for 3 seconds, a beep sounds and

LOCK indicator lights.

To cancel the CHILD LOCK: Press and hold the STOP/CANCEL button for 3 seconds until lock indicator on display turns off.

AUTO COOK

For food or the following cooking mode, it is not necessary to program the duration and the cooking power. It is sufficient to indicate the type of food that you wish to cook as well as the weight or serving of food.

For example: to cook 400g of fish.

1. Press the AUTO COOK button once.
2. Turn TIME/WEIGHT dial to indicate a weight of 400g.
3. Press START/QUICK START button.

Auto Cook Menu

| Code | Food/cooking mode | Note : |
|--|-------------------------|--|
| 1.  | Milk/Coffee (200ml/cup) | <ul style="list-style-type: none">▪ Turn TIME/WEIGHT dial to indicate weight or serving of food▪ The result of auto cooking depends on factors such as the shape and size of food, your personal preference as to the doneness of certain foods and even how well you happen to place food in the oven. If you find the result at any rate not quite satisfactory, please adjust the cooking time a little bit accordingly.▪ For Spaghetti add boiling water before cooking. |
| 2.  | Rice | |
| 3.  | Spaghetti | |
| 4.  | Potatoes (230g/serving) | |
| 5.  | Auto Reheat | |
| 6.  | Fish | |
| 7.  | Pizza | |
| 8.  | popcorn (99g) | |

CLEANING AND CARE

1. Turn off the oven and remove the power plug from the wall socket before cleaning.
2. Keep the inside of the oven clean. When food splatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. Avoid the use of spray and other harsh cleaners as they may stain, streak or dull the door surface.
3. The outside surfaces should be cleaned with a damp cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation openings.
4. Wipe the door and window on both sides, the door seals and adjacent parts frequently with a damp cloth to remove any spills or spatters. Do not use abrasive cleaner.
5. Do not allow the control panel to become wet. Clean with a soft, damp cloth. When cleaning the control panel, leave oven door open to prevent oven from accidentally turning on.
6. If steam accumulates inside or around the outside of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity condition. And it is normal.
7. It is occasionally necessary to remove the glass tray for cleaning. Wash the tray in warm sudsy water or in a dishwasher.
8. The roller ring and oven floor should be cleaned regularly to avoid excessive noise. Simply wipe the bottom surface of the oven with mild detergent. The roller ring may be washed in mild sudsy water or dishwasher. When removing the roller ring from cavity floor for cleaning, be sure to replace in the proper position.
9. Remove odors from your oven by combining a cup of water with the juice and skin of one lemon in a deep microwaveable bowl, microwave for 5 minutes. Wipe thoroughly and dry with a soft cloth.
10. When it becomes necessary to replace the oven light, please consult a dealer to have it replaced.
11. The oven should be cleaned regularly and any food deposits removed. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
12. Please do not dispose this appliance into the domestic rubbish bin; it should be disposed to the particular disposal center provided by the municipalities.